

## VILLAGE HALL NEWS LETTER

**SATURDAY CLUB-** It was lovely to welcome some new people to the village at March's Saturday club; this is why we do it, so that the village can get to know each other and hopefully build a community. Saturday club is for everybody, particularly adults but children are welcome with their parents. Mostly we sit and chat but there is table tennis and a pool table for the more athletic amongst us.

### SATURDAY CLUB APRIL 5<sup>TH</sup> FROM 6pm

**'TAI CHI'** We have a **FREE** Tai Chi taster day on **Thursday 10<sup>th</sup> April at 9am**. This is a great form of gentle exercise and promotes wellbeing. Everybody is welcome to come and give it a go, if we have sufficient interest this could be a regular class.

**KEEPFIT** every Saturday 9 till 10, more vigorous but still great fun. £5 per session, personal trainer, within walking distance for most people and you get to feel good all day!

### ADVANCE NOTICE!!

**MAY 24<sup>TH</sup> LONGDON SPRING FAIR** We are thinking of having a Fair with refreshments, stalls, cake sale and maybe a few other things. If you would like a stall, would like to help run or have any ideas for this event please contact the committee.

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## LONGDON HAPPENING

SATURDAY JULY 5<sup>TH</sup>

3PM

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## PARISH COUNCIL-ANNUAL PARISH MEETING

MAY 2<sup>ND</sup>

MONDAY 7.30pm

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All details and photos from past events are on our web page

[www.longdonvillagehall.org.uk](http://www.longdonvillagehall.org.uk)

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